



REACH OUT
Strengthening Communities

Creating Safe, Healthy, and Innovative Communities



HEALTHY COMMUNITIES | EDUCATION | YOUTH & FAMILIES

Reach Out's mission is to strengthen communities by bringing people together to solve our region's toughest issues: breaking barriers to educational achievement, expanding economic opportunities and creating safe, healthy, and innovative communities.

Partner With Us Today!

REACH OUT
1126 W. Foothill Blvd., Ste., 250
Upland, CA 91786
(909) 982-8641



we-reachout.org

Connect with us!



@WeAreReachOut



HEALTHY COMMUNITIES

Reach Out specializes in creating thriving communities by supporting and mobilizing coalitions and healthy city initiatives that address the needs of residents. We are especially proud of our current work and collaboration with Partners for Innovative Communities, the Fontana Community Coalition, Morongo Basin Community Coalition, Latino Health Collaborative, and Healthy Jurupa Valley. Each group is sustained by residents who take an active role in their community to create movements that improve the overall health and well-being of their city through policy design, leadership, and collaboration. Reach Out is dedicated to creating healthy and vibrant communities by aiding grass root movements that create change.

VACCINE EQUITY

Reach Out is the facilitator and plan administrator of the vaccine equity work in both Riverside and San Bernardino Counties. There are over 30 local organizations from multi-geographical areas that partner with Reach Out to assist in promoting vaccine outreach and education to marginalized communities within the Inland Empire.

The goal of the vaccine equity work over these past two years is to reduce vaccine hesitancy and increase vaccination rates of families in Riverside and San Bernardino Counties in communities disproportionately impacted by COVID-19.



YOUTH & FAMILY WELLNESS

Reach Out offers Nurturing Families and Mamás y Bebés Programs to families throughout the Inland Empire. The four-month Nurturing Families Program is offered to families in San Bernardino County with children ages 0 - 5 — the program gives families the tools necessary to enhance a child's self-worth, positive behavior, empathy, empowerment, and respectful communication.

The Mamás y Bebés is a two-month program opened to any expecting mothers and mothers with children ages 0-12 months — the program offers tools to enable mothers to stay attuned to their mental health, monitor symptoms of depression and develop a healthy relationship with their newborn.

INLAND HEALTH PROFESSIONS COALITION

The Inland Health Professions Coalition convenes employers, healthcare professionals, community stakeholders, and health educators to facilitate an educational pathway that leads from school to career. We seek to advance policies and programs to achieve a health workforce that is diverse, responsive, and meets the needs of the region's healthcare employers.

Our purpose is to achieve a health workforce that is diverse and community responsive, while working collectively to identify and facilitate solutions to the educational, social and environmental barriers to a seamless health pipeline. We also support coalition members through information dissemination, training, technical assistance, research and evaluation, policy development, advocacy and coalition building.



SUBSTANCE USE PREVENTION

Reach Out offers specialized programs and courses that focus on substance abuse prevention. We work with community members, students, educators, and government leaders to create safe and healthy neighborhoods. Our prevention team offers drug trend presentations and responsible beverage and sales trainings.

Our goal is to reduce substance use trends among youth and young adults by providing them opportunities to get involved with their community while also collaborating with their peers on initiatives and policy design. Youth can get involved by joining our Youth Grantmakers, Youth Court, and Jurupa Youth United collaboratives.