



Inland Healthy Cities Institute

POWERED BY REACH OUT

The **Inland Healthy Cities Institute** was founded to address our region's growing emphasis on population health, by partnering with municipalities within the Inland Region to deliver cost effective, culturally informed, operationally sustainable community health transformation programs.



Program Design

Working with city leaders and funders to uncover community needs and build a 3-5 year plan to pilot a fully operational Healthy City Initiative



Program Management

Relieving your city staff of the operational duties, leveraging our staff of Program Specialists and our network of partner organizations.



Training & Advisory

Advising new and existing Healthy Cities programs on how to boost engagement, enhance impact, and achieve financial stability.

Healthy City Initiatives

- ↑ Community Health Policies
- ↑ Access to Healthy Foods
- ↑ Walkable Green Spaces
- ↑ Community Engagement
- ↑ Community Beautification
- ↑ Health & Wellness Education

California Healthy Places Index

- ↑ Economic Investment
- ↑ Community Trust
- ↑ Neighborhood Safety
- ↓ Chronic Disease Occurrence
- ↓ Healthcare Costs
- ↓ Neighborhood Blight

Program Lifecycle

MONTHS 1-12

**Program
Development**

MONTHS 13-24

**Launch &
Activation**

MONTHS 25- 36+

**Program
Sustainability**

Healthy Jurupa Valley



Healthy Jurupa Valley is part of a global movement of healthy city initiatives that work to improve the health and quality of life of all residents.

39

**Beautification
Projects**

112

**Community
Programs**

4

**Passed
Ordinances**

For more information or to get started with Inland Healthy Cities Institute, please contact Natalie Hidalgo at natalie@we-reachout.org.

