

In her first years as a Parent Partner, Maria was the youngest in her role in the Department. For many years since, Maria Arnold has advocated for parents and families who struggle when their child is having emotional difficulties. Mental health recovery and resiliency, for a child in crisis, is a family affair. Maria's expertise lies in her familiarity with the complex challenges families face to access the multi-agency supports offered to children and their families. Maria oversees the Parent Support and Training Unit; Parent Partners in the RUHS-BH system of care who provide parent-to-parent peer support, education, and resources, that assist the entire family to discover their resiliency, and watch their child learn to thrive.